



**eurogym**  
2020 REYKJAVÍK



**EGFL 2020**  
EUROGYM FOR LIFE CHALLENGE

26 June 2020

## Updated age table only for EG & EGFL 2020

EUROGYM and Gym for Life Challenge is open to young people aged 12 to 19 (2009-2002) years old.

Each group include at least 6 gymnasts. The European Gymnastics and Technical Committee for Gymnastics for All recommends having minimum 2 grown ups with each 12 gymnasts. The registration can only be done through your National Federation.

A group that has 10 participants (or more) can include younger participants (10 and/or 11 years old) and older participants (20 and/or 21 years old) according to the table below:

# participants per group		# participants allowed that are younger and/or older
From ...	Until ...	
6	9	0
10	15	1
16	25	2
26	35	3
36	45	4
46	55	5
56	> 56	6

The ages of the participants will be checked during final registration and the event itself by the OC in close cooperation with the European Gymnastics Task Force and the TC-GfA. Exceptions are not allowed, neither are participants below 10 years (2011) and/or above 21 years (2000) old.

*Please note that these requirements are only valid for Eurogym and EGFL in Iceland 2021, but not for further events.*

